

Hamish's story by Angie Randall

I have a beautiful little dog Hamish that I got as a puppy from the RSPCA in Cairns.

He has been with me for two years and I got him because my doctor wrote a script to my husband saying that I had to get a dog for my mental health. I was still recovering from three major spinal surgeries and was on my way to being physically better when I was literally struck with major depression.

Maybe it was PTS or something, but I was going crazy, I had seriously suicidal thoughts and high anxiety. It was the most horrible time of my life. Finally, after trying many medications, the doctor found one that helped give me the will to keep trying. That's when she wrote the script for my Hamish. He was dependant on me for everything and I had to get out of the depression and look after him.

He has given me unconditional love and I love him so much I couldn't imagine life without him.

